

Table 1. Demographic characteristics of the study population	
Age (years)	Mean (SD)
Male	55.2 (10.5)
Female	56.8 (11.2)
Marital status	
Married	78.5%
Single	21.5%
Education level	
High school or above	65.2%
Below high school	34.8%
Occupation	
White collar	45.1%
Blue collar	54.9%
Income (USD/month)	
< 1000	12.3%
1000-2000	35.7%
2000-3000	28.9%
> 3000	23.1%
Health insurance	
Yes	89.4%
No	10.6%
Comorbidities	
Hypertension	42.1%
Diabetes	18.5%
Cholesterol	31.2%
Smoking status	
Current smoker	15.3%
Former smoker	22.7%
Non-smoker	62.0%
Alcohol consumption	
Regular	8.9%
Occasional	25.4%
Never	65.7%

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